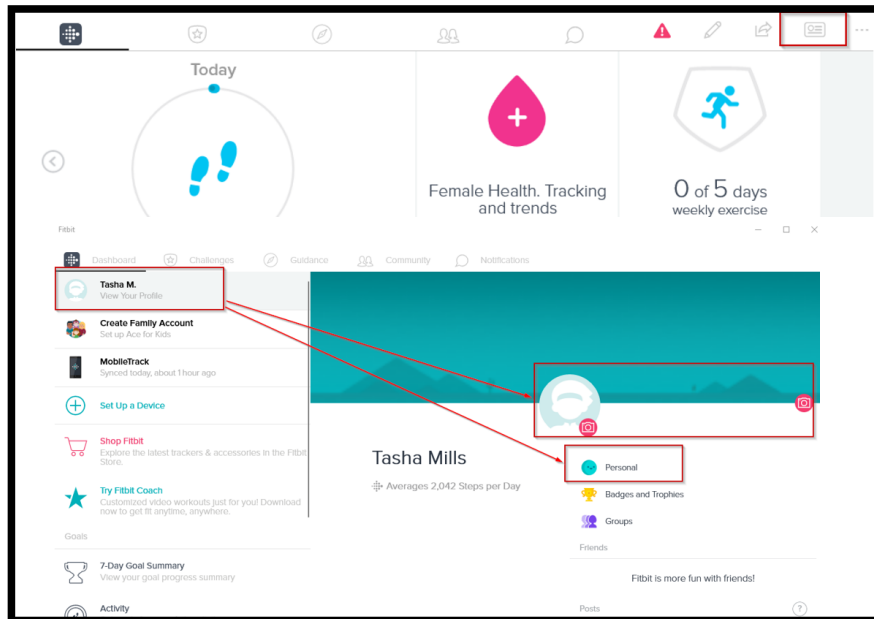
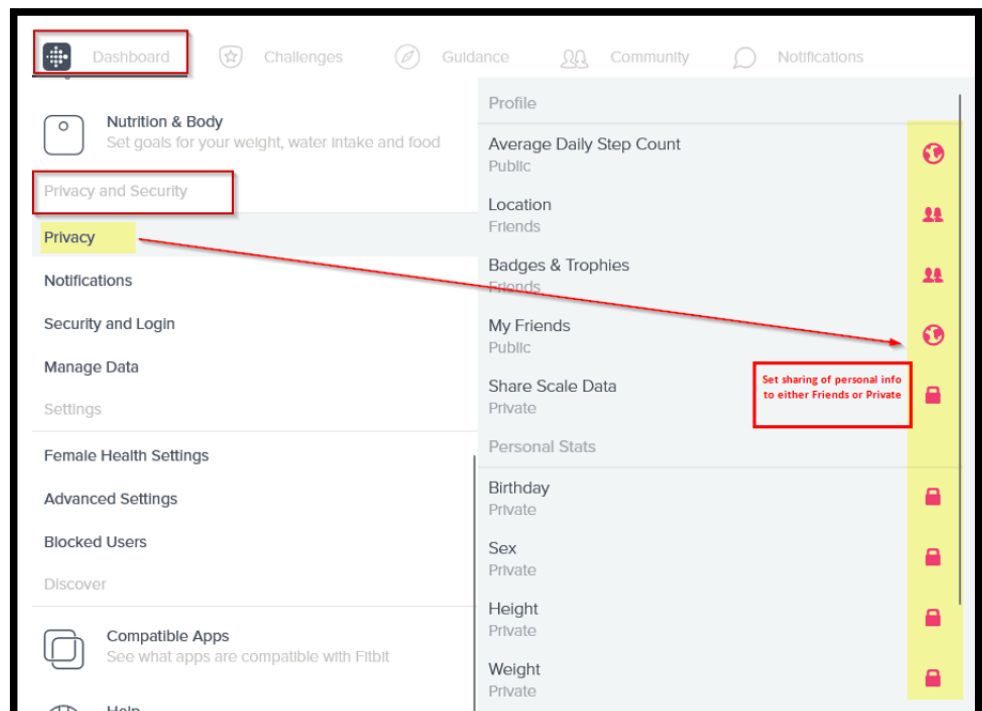


PROTECT YOUR FITBIT INFORMATION

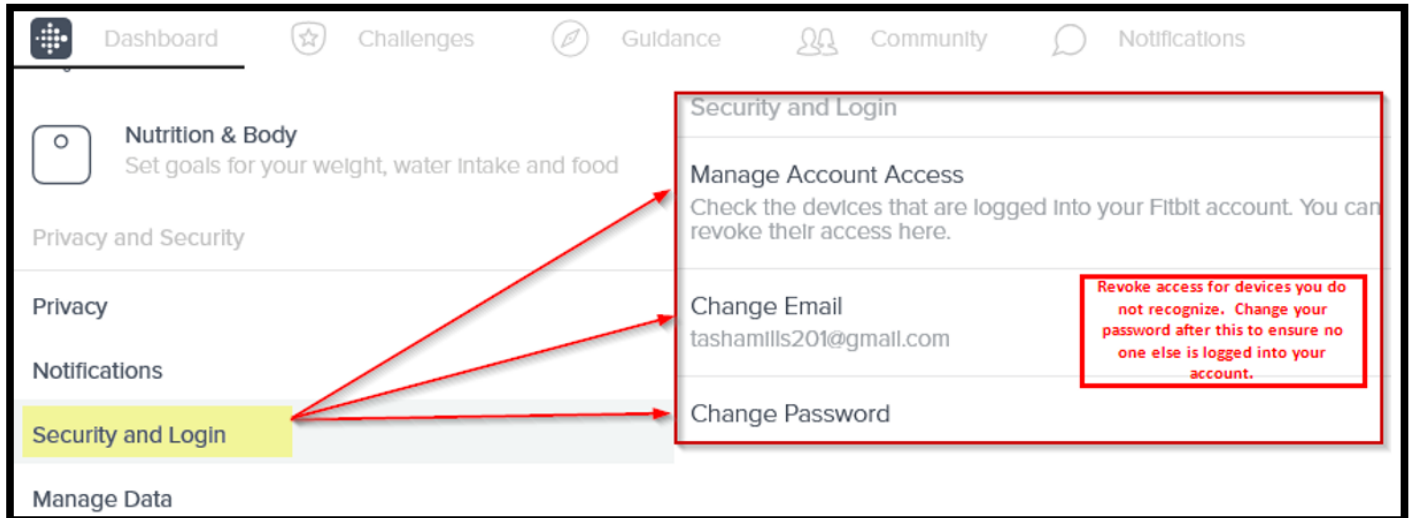
Edit your profile. Access your profile information by clicking the gear icon and selecting Settings. Adjust your profile settings to show minimal personal information such as setting your Display Name to a username rather than actual name.



PRIVACY



ACCOUNT ACCESS



Dashboard Challenges Guidance Community Notifications

Nutrition & Body
Set goals for your weight, water intake and food

Privacy and Security

Privacy

Notifications

Security and Login

Manage Data

Security and Login

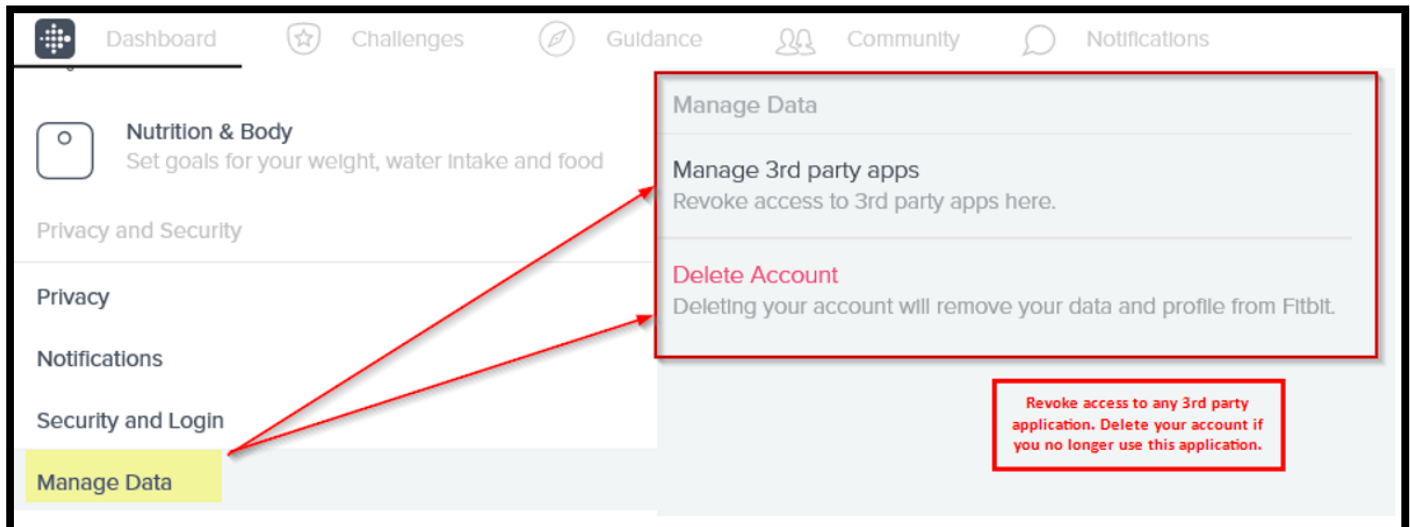
Manage Account Access
Check the devices that are logged into your Fitbit account. You can revoke their access here.

Change Email
tashamills201@gmail.com

Change Password

Revoke access for devices you do not recognize. Change your password after this to ensure no one else is logged into your account.

MANAGE APP DATA



Dashboard Challenges Guidance Community Notifications

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Privacy

Notifications

Security and Login

Manage Data

Manage Data

Manage 3rd party apps
Revoke access to 3rd party apps here.

Delete Account
Deleting your account will remove your data and profile from Fitbit.

Revoke access to any 3rd party application. Delete your account if you no longer use this application.

USEFUL LINKS

A Parent's Guide to Internet Safety

www.fbi.gov/stats-services/publications/parent-guide

Wired Kids

www.wiredkids.org

Microsoft Safety & Security

<https://support.microsoft.com/en-us/help/4091455/windows-protect-privacy-internet>

OnGuard Online

<https://www.consumer.ftc.gov/features/feature-0038-onguardonline>

FitBit Help

https://myhelp.fitbit.com/s/home?language=en_US

